

[illegible][illegible][illegible]

					jeudi 30 octobre 2025																	
Olympique	7	8	9	1	O	1	1	2	3	4	5	6	7	8	9	e	2	O	2	1	Olympique	
0 50 m			ADN CAF			ADN Minimes				CN CHALON	Stage FFN		ADN minimes				Dijon Plongée				0 50 m	
1 50 m			ADN CAF			ADN Minimes				CN CHALON	Stage FFN		ADN minimes				Dijon Plongée				1 50 m	
2 50 m			ADN CAF			ADN Minimes				CN CHALON	Stage FFN		ADN minimes				Dijon Plongée				2 50 m	
3 50 m			CN CHALON								Stage FFN		CN CHALON			ADN Masters					3 50 m	
4 50 m			Stage FFN										CN CHALON			ADN Masters					4 50 m	
5 50 m			Stage FFN													ADN Masters					5 50 m	
6A 50 m			Stage FFN													ADN Masters					6A 50 m	
7A 50 m			Stage FFN																		7A 50 m	
8A 50 m			Stage FFN																		8A 50 m	
9A 50 m			Stage FFN																		9A 50 m	
Echauff	7	8	9	1	O	1	1	2	3	4	5	6	7	8	9	e	2	O	2	1	Echauff	
1 25 m																					1 25 m	
2 25 m								Aqua soft		Aqua Step						Aqua fit Cardio		biking duo		Aqua fit combat		2 25 m
3 25 m													Location Bike								3 25 m	
4 25 m													Location Bike								4 25 m	
Apprent	7	8	9	1	O	1	1	2	3	4	5	6	7	8	9	e	2	O	2	1	Apprent	

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				samedi 1 novembre 2025															
Olympique	7	8	9	1 O	1 1	1 2	1 3	1 4	1 5	1 6	1 7	e	1 8	1 9	2 O	2 1	Olympique		
0 50 m			ADN minimes		ADN GCC					Stage FFN							0 50 m		
1 50 m			ADN minimes		ADN GCC					Stage FFN							1 50 m		
2 50 m			ADN minimes		ADN GCC					Stage FFN							2 50 m		
3 50 m			ADN CAF							Stage FFN							3 50 m		
4 50 m			ADN CAF														4 50 m		
5 50 m			ADN CAF														5 50 m		
6A 50 m			Stage FFN														6A 50 m		
7A 50 m			Stage FFN														7A 50 m		
8A 50 m			Stage FFN														8A 50 m		
9A 50 m			Stage FFN														9A 50 m		
Echauff	7	8	9	1 O	1 1	1 2	1 3	1 4	1 5	1 6	1 7	1 8	e	1 9	2 O	2 1	Echauff		
1 25 m																	1 25 m		
2 25 m																	2 25 m		
3 25 m																	3 25 m		
4 25 m																	4 25 m		
Apprent	7	8	9	1 O	1 1	1 2	1 3	1 4	1 5	1 6	1 7	1 8	e	1 9	2 O	2 1	Apprent		

[illegible]Remarques