

# Planning Aquagym Bébé Nageur

Septembre 2026  
à Juin 2027

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
<b>08:00</b>   🕒 30 min <b>Aqua Biking Solo</b>	<b>12:00</b>   🕒 45 min <b>Aqua Fit Cardio</b>		<b>11:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>07:45</b>   🕒 45 min <b>Aqua Soft</b>	<b>09:00</b>   🕒 30 min <b>Bébés Nageurs</b>	
<b>12:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>12:15</b>   🕒 45 min <b>Aqua Pilates</b>	<b>12:30</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>13:00</b>   🕒 45 min <b>Future Maman</b>	<b>12:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>09:30</b>   🕒 30 min <b>Bébés Nageurs</b>	
<b>13:15</b>   🕒 30 min <b>Aqua Trampo Solo</b>	<b>13:00</b>   🕒 45 min <b>Aqua Fit</b>		<b>13:00</b>   🕒 30 min <b>Aqua Biking Solo</b>			
<b>17:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>17:15</b>   🕒 45 min <b>Aqua Step</b>					
<b>18:15</b>   🕒 45 min <b>Aqua Soft</b>	<b>18:15</b>   🕒 45 min <b>Aqua Fit Combat</b>	<b>18:15</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>18:15</b>   🕒 45 min <b>Aqua Fit Cardio</b>	<b>18:15</b>   🕒 45 min <b>Aqua Fit Combat</b>	<b>15:00</b>   🕒 1h <b>Anniversaire</b>	
<b>19:15</b>   🕒 45 min <b>Aqua Mix</b>	<b>19:15</b>   🕒 30 min <b>Aqua Biking Solo</b>	<b>19:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>18:15</b>   🕒 45 min <b>Aqua Trampo Duo</b>			
		<b>19:30</b>   🕒 45 min <b>Aqua Sportif</b>	<b>19:15</b>   🕒 45 min <b>Aqua Training</b>			
		<b>20:15</b>   🕒 45 min <b>Aqua Fit Cardio</b>	<b>19:15</b>   🕒 45 min <b>Aqua Biking Duo</b>			