



# Planning Aquagym Bébé Nageur

Septembre 2026  
à Juin 2027

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

		<b>09:00</b>   🕒 45 min <b>Aqua Fit</b>				<b>08:45</b>   🕒 30 min <b>Bébés Nageurs</b>
<b>11:15</b>   🕒 45 min <b>Aqua Soft</b>		<b>10:00</b>   🕒 1h <b>Future Maman</b>	<b>11:15</b>   🕒 45 min <b>Aqua Soft</b>		<b>08:45</b>   🕒 30 min <b>Jardin Aquatique</b>	
<b>12:00</b>   🕒 45 min <b>Aqua Trampo Duo</b>	<b>12:00</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>12:00</b>   🕒 45 min <b>Aqua Training</b>	<b>12:30</b>   🕒 45 min <b>Aqua Step</b>	<b>12:00</b>   🕒 45 min <b>Aqua Fit</b>	<b>09:15</b>   🕒 30 min <b>Bébés Nageurs</b>	
<b>12:45</b>   🕒 30 min <b>Abdos Flash</b>	<b>12:45</b>   🕒 30 min <b>Aqua Trampo Solo</b>	<b>12:45</b>   🕒 30 min <b>Aqua Hiit</b>			<b>09:15</b>   🕒 30 min <b>Jardin Aquatique</b>	
<b>17:30</b>   🕒 30 min <b>Aqua Biking Solo</b>	<b>18:15</b>   🕒 45 min <b>Aqua Trampo Duo</b>	<b>18:15</b>   🕒 45 min <b>Aqua Fit</b>	<b>18:00</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>18:15</b>   🕒 45 min <b>Aqua Fit Cardio</b>	<b>14:00</b>   🕒 1h <b>Anniversaire</b>	
<b>18:00</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>19:15</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>19:15</b>   🕒 45 min <b>Aqua Biking Duo</b>	<b>19:00</b>   🕒 45 min <b>Aqua Fit Combat</b>		<b>15:00</b>   🕒 1h <b>Anniversaire</b>	
<b>19:00</b>   🕒 45 min <b>Aqua Fit</b>						