

| Lundi      |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|------------|-----------|-------------|-----------|----|----|----|--------------|-------------|----|--------------|----|-----------------|---------------|----------|----|----|------------|------------|
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Nordic     |            |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 1 50 m     |            |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 2 50 m     |            |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 3 50 m     |            |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 4 50 m     |            |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 5 50 m     |            |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 6 50 m     |            |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 7 50 m     |            |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Polyvalent |            |
|            |           | Biking solo |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|            |           |             |           |    |    |    | Aqua fit     | Trampo solo |    |              |    | Aqua fit        | Aqua soft     | aqua mix |    |    |            |            |
| 25M        | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | 25m        |            |
| 1 25 m     | UFR STAPS |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 1 25 m     |            |
| 2 25 m     | UFR STAPS |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 2 25 m     |            |
| 3 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 3 25 m     |            |
| 4 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 4 25 m     |            |
| Mardi      |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Nordic     |            |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 1 50 m     |            |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 2 50 m     |            |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 3 50 m     |            |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 4 50 m     |            |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 5 50 m     |            |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 6 50 m     |            |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 7 50 m     |            |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Polyvalent |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| 25M        | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | 25m        |            |
| 1 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 1 25 m     |            |
| 2 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 2 25 m     |            |
| 3 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 3 25 m     |            |
| 4 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    | 4 25 m     |            |
| Mercredi   |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | 20       | e  | 21 | e          | Nordic     |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 50 m     |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 50 m     |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 50 m     |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 50 m     |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 5 50 m     |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 6 50 m     |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 7 50 m     |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | 20       | e  | 21 | e          | Polyvalent |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| 25M        | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | e             | 19       | 20 | 21 | e          | 25m        |
| 1 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 25 m     |
| 2 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 25 m     |
| 3 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 25 m     |
| 4 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 25 m     |
| Jeudi      |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | 20       | e  | 21 | e          | Nordic     |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 50 m     |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 50 m     |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 50 m     |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 50 m     |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 5 50 m     |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 6 50 m     |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 7 50 m     |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | 20       | e  | 21 | e          | Polyvalent |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| 25M        | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | 20       | e  | 21 | e          | 25m        |
| 1 25 m     |           |             |           |    |    |    | Aqua fit     | Biking Solo |    |              |    | Trampo duo      | Biking duo    |          |    |    |            | 1 25 m     |
| 2 25 m     |           |             |           |    |    |    | Future maman |             |    |              |    | Aqua Fit Cardio | Aqua training |          |    |    |            | 2 25 m     |
| 3 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 25 m     |
| 4 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 25 m     |
| Vendredi   |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Nordic     |            |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 50 m     |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 50 m     |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 50 m     |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 50 m     |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 5 50 m     |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 6 50 m     |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 7 50 m     |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | Polyvalent |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
|            |           | Aqua Soft   |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| 25M        | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | 19            | e        | 20 | 21 | 25m        |            |
| 1 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 25 m     |
| 2 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 25 m     |
| 3 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 25 m     |
| 4 25 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 25 m     |
| Samedi     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |
| Nordic     | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | e             | 19       | 20 | 21 | Nordic     |            |
| 1 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 1 50 m     |
| 2 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 2 50 m     |
| 3 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 3 50 m     |
| 4 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 4 50 m     |
| 5 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 5 50 m     |
| 6 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 6 50 m     |
| 7 50 m     |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            | 7 50 m     |
| Polyvalent | 7         | 8           | 9         | 10 | 11 | 12 | 13           | 14          | 15 | 16           | 17 | 18              | e             | 19       | 20 | 21 | Polyvalent |            |
|            |           |             | BB NAGEUR |    |    |    |              |             |    | ANNIVERSAIRE |    |                 |               |          |    |    |            |            |
|            |           |             |           |    |    |    |              |             |    |              |    |                 |               |          |    |    |            |            |

Remarques :      Sous réserves de modification avec la venue des établissements scolaires.

Le planning par semaine est affiché dans votre établissement

| Lundi      |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
|------------|---|--------------|------------|----|----|----|----|--------------|-------------|-------------|-------------|---------|----|----|----|----|---|------------|--|
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN Minimes | ADN GGC |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   | ADN CAF      |            |    |    |    |    | ADN Benjamin | ADN CAF     |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Polyvalent |  |
|            |   | Biking solo  |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | 25m        |  |
| 1 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Mardi      |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   | ADN GGC      |            |    |    |    |    | ADN Benjamin | ADN Minimes | ADN GGC     |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   | ADN GGC      |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   | ADN CAF      |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Polyvalent |  |
|            |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | 25m        |  |
| 1 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Mercredi   |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   | ADN GGC      |            |    |    |    |    | ADN Benjamin |             |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   | ADN GGC      |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | Polyvalent |  |
|            |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | 25m        |  |
| 1 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Jeudi      |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   | ADN GGC      |            |    |    |    |    | ADN Benjamin |             |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   | ADN GGC      |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | Polyvalent |  |
|            |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | 20 | e  | 21 | e | 25m        |  |
| 1 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Vendredi   |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN Avenir |    |    |    |    | ADN Benjamin | ADN Minimes | ADN Minimes | ADN GGC     |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | Polyvalent |  |
|            |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | 19 | e  | 20 | 21 |   | 25m        |  |
| 1 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Samedi     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | e  | 19 | 20 | 21 |   | Nordic     |  |
| 1 50 m     |   | ADN Minimes  | ADN GGC    |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   | ADN Minimes  | ADN GGC    |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 7 50 m     |  |
| Polyvalent | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | e  | 19 | 20 | 21 |   | Polyvalent |  |
|            |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| 25M        | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | e  | 19 | 20 | 21 |   | 25m        |  |
| 1 25 m     |   | ADN Benjamin |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 1 25 m     |  |
| 2 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 2 25 m     |  |
| 3 25 m     |   | ADN Benjamin | ADN Avenir |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 3 25 m     |  |
| 4 25 m     |   |              |            |    |    |    |    |              |             | ADN Avenir  |             |         |    |    |    |    |   | 4 25 m     |  |
| Dimanche   |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |
| Nordic     | 7 | 8            | 9          | 10 | 11 | 12 | 13 | 14           | 15          | 16          | 17          | 18      | e  | 19 | 20 | 21 |   | Nordic     |  |
| 1 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 1 50 m     |  |
| 2 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 2 50 m     |  |
| 3 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 3 50 m     |  |
| 4 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 4 50 m     |  |
| 5 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 5 50 m     |  |
| 6 50 m     |   |              |            |    |    |    |    |              |             |             |             |         |    |    |    |    |   | 6 50 m     |  |
| 7 50 m     |   |              |            | </ |    |    |    |              |             |             |             |         |    |    |    |    |   |            |  |